

You will now face a series of 8 factual questions.

Each of these questions has one and only one right answer. Please tick the correct answer. If you are not sure, you can take a guess. There are no negative points for wrong answers.

You can gain 50 points for each correct answer.

According to the Swiss Confederation's nutrition strategy 2017-2021: on average, how much meat do the Swiss eat compared to what would be optimal for their health?

Meat consumption is approximately at the right level

Meat consumption is 2x too low

Meat consumption is 7x too high

Meat consumption is 3x too high

I don't know

What is the maximum number of chicken a 'BIO' labeled egg laying farm can have in Switzerland?

4'000

500

8'000

100

I don't know

One vitamin that is only found in animal derived products, and is therefore a common deficiency in vegan diets is:

Vitamin E

Folic Acid

Vitamin B12

Magnesium

I don't know

In Swiss farms, what is the minimum space per pig that is legally required?

3.2 square meter

0.9 square meter

4 square meter

1.8 square meter

I don't know

The production of which of the following items requires the largest land use?

100g of protein from lentils

100g of protein from tofu

100g of protein from beef

100g of protein from chicken

I don't know

Which of the following food choices have more protein?

100g of beefsteak

100g of chicken breast

100g of almonds

100g of chickpeas

I don't know

In Swiss farms, the percentage of pigs that live their whole life without having the possibility to go outside is:

58%

36%

88%

0%

I don't know

According to the WHO, which of these are carcinogenic (increase risk of cancer)?

Fish and white meat

White meat and red meat

White meat and processed meat

Red meat and processed meat

I don't know